

THE STRESS OF PRECEPTORS WHO INVOLVED IN POST-GRADUATE TRAINING IN TAIWAN

¹Chen HH, ¹Lee SH, ¹Su HC, ¹Chen YF, ¹Chung HC, ¹Huang CF

¹Division Of Primary Care Medicine, The Joint Commission Of Taiwan, Taiwan

Aims

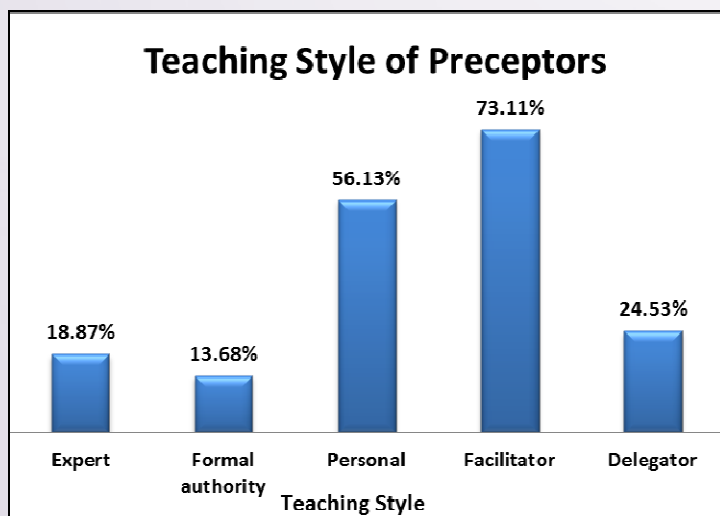
The Ministry of Health and Welfare (MOHW) in Taiwan initiated a post-graduate clinical training program for healthcare providers and The Joint Commission of Taiwan (JCT) was committed to implement the program from 2007. The post-graduate training program is to connect the clinical education between school education and post-graduation. Usually senior healthcare providers in teaching hospitals are the preceptors. As a healthcare provider and a preceptor there are different stress, loadings and mission when play these roles. This study focused on the stress of these preceptors.

Methods

We administered an anonymous structured questionnaire included: teaching style, type of stress, strategies facing stress, and teaching satisfaction of self. The participants of our surveys are preceptors such as nurse, pharmacist, and radiological technologist in teaching hospitals who joined teacher's workshop in 2014.

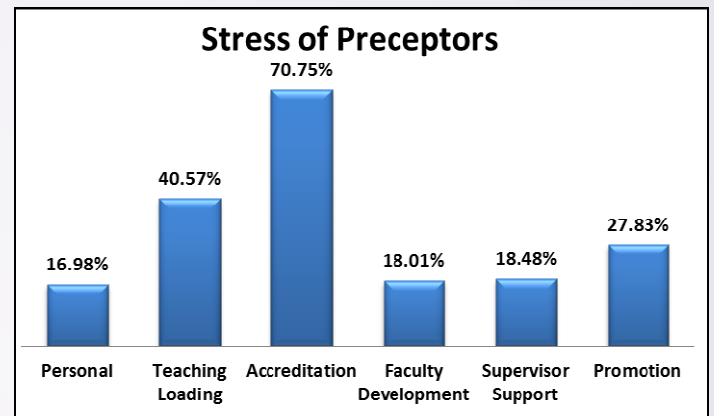
Results

Total respondents were 212 preceptors. The most two teaching style of respondents is facilitator (73.1%) and personal model (56.2%).

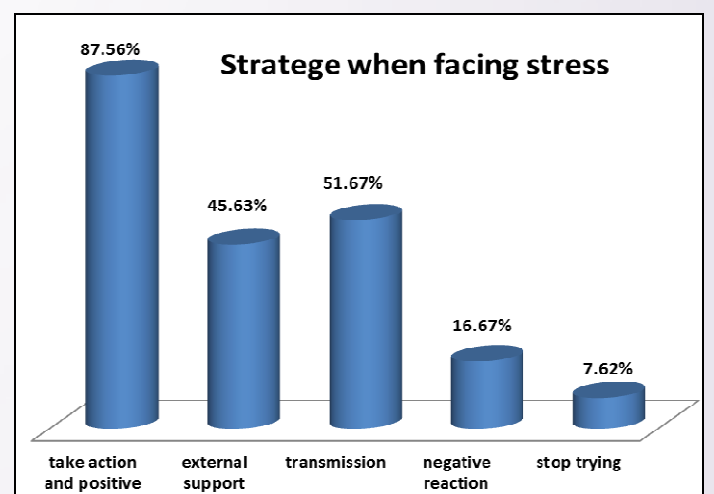


Top three reasons that made preceptors middle-heavy stress were preparing for hospital accreditation (70.8%), huge teaching loading (40.6%), and less

correlation between teaching outcomes and job promotion (27.8%).



When faced teaching stress or problems, most preceptors try hard to take next action (87.6%), try to looking the bright site of problems (85.2%), or get along with problem (78.7%). Finally, almost half preceptors perceived their performance on teaching is normal (47.9%) and more than the percentage of satisfied (46.9%).



Conclusion

According to research and laboratory measurement, high stress is not good for health and performance. Both clinical service and teaching induced stress to preceptors. As to release the most stressful resource MOHW try to simplify hospital accreditation, JCT take coping class for preceptors to release stress and asking teaching hospital to make effort to improve teaching environment and faculty development for preceptors.

It must be important that healthy preceptors in training system. We hope to build a good teaching institute to make post-graduate training better. And it will improve the quality of healthcare in Taiwan.