Competency-Based Medical Education and Training for Psychiatrists

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Abstract

Medical education is evolving into competency-based medical education (CBME). The Ministry of Health and Welfare encourages each society to adopt CBME as the basis for psychiatrists training projects. Milestones and Entrustable Professional Activities (EPAs) are the practical models of CBME. The milestone model involves the transformation of core competencies into measurable and progressive units. Its advantage is that the process of teaching and learning is clearly defined, whereas its disadvantage is that when there are excessive milestones, people find it difficult to familiarize themselves. EPAs are the units of clinical tasks. Each EAP corresponds with multiple (sub-) core competencies. Psychiatrists at Kaohsiung Medical University Chung-Ho Memorial Hospital formed a teaching group and developed 17 EPAs. CBME can convert the core competencies in the psychiatrists training courses into competencies in the workplace, thereby cultivating psychiatrists for society who improve with time.

Keywords: psychiatrists training, competency-based medical education, entrustable professional activity, milestone

勝任能力為導向的精神科專科醫師教育與訓練

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摘要

　　醫學教育將演進為以勝任能力為導向的醫學教育(Competency-Based Medical Education, CBME)，衛生福利部鼓勵各學會將CBME進行方式列入專科醫師訓練計畫認定基準。里程碑(Milestone)與可信賴專業活動(Entrustable Professional Activities, EPAs)是CBME具體施行的模式；里程碑模式是把核心能力轉換成可測量、可循序漸進的小單位，優點是明確化教與學的歷程，惟過多的里程碑不容易熟悉；EPAs是臨床任務的單位，每個EPAs對應多樣的（次）核心能力，高雄醫學大學附設中和紀念醫院精神科醫師組成教學社群，制訂出17個EPAs。CBME將專科醫師訓練課程中的「核心能力」轉化成工作職場上的「勝任能力」，為社會培養出符合與時俱進精神醫療需求的醫師。

關鍵詞：專科醫師訓練、勝任能力導向醫學教育、可信賴專業活動、里程碑