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The Experience of Taipei Medical University Hospital in Acquiring Disease Specific Care - Pain Management Certification

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Abstract

Pain is the most common complaint by patients receiving medical care. Nearly all medical units have encountered patients with pain. Because pain management requires deep knowledge of multiple disciplines, it often requires collaboration across an entire medical institution. Policies and quality control are required to ensure the overall quality of pain management at an institution. Chronic pain is particularly complex and requires long-term and in-depth follow-up treatment by multidisciplinary teams. We developed an intelligent pain map to identify hot spots of pain to facilitate further intervention during the preparation of Disease Specific Care - Pain Management Certification program. Through case management and in-depth tracking, high-quality pain care on a large scale was expected to implement thoroughly. The certification process is presented in this article, and the experience is shared with all medical professionals and experts.

Keywords: pain-free smart hospital, intelligent pain map, interprofessional collaborative practice

臺北醫學大學附設醫院 參與「疼痛照護品質認證」經驗分享

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摘要

疼痛照護，既廣且深。疼痛是就醫病人中，最常見的主訴。幾乎每個單位都有疼痛的病人，涉及層面之廣，需要全院的參與。透過政策面及品質管理面的介入，來提升全院疼痛照護品質。但慢性疼痛病人的複雜度，又需要跨團隊協力，長期且深度地追蹤治療。本院藉由疼痛照護品質認證，打造智慧化「疼痛地圖」，發現疼痛「熱區」，進一步介入改善。並藉由個案管理、深度追蹤，以期兼顧疼痛照護的廣度和深度。謹此分享準備認證過程的經驗，以供醫學先進與同道們參考。

關鍵詞：無痛智慧醫院、疼痛地圖、照護團隊、疾病照護品質認證