

10.53106/199457952023011701005

Transforming the Social Security Network to Raise Awareness of Needs and to Identify Necessities in Physical and Mental Health: Hualien County Center for Mental Health and Prevention of Addiction

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Abstract

The project to reinforce social security networks was launched in 2018. In its second phase, Taiwan counties and cities were required to establish community mental health centers. Unlike other counties and cities, Hualien County integrated the services of mental health and substance addiction to establish the Hualien County Center for Mental Health and Prevention of Addiction. The center recruited psychiatrists to lead the integration of mental health-related services in Hualien County to provide comprehensive services catering to people's needs. With time, the center will increase Hualien residents' acknowledgement and recognition of the importance of physical and mental health.

Keywords: community mental health center, mental health, substance addiction, psychiatry

社會安全網下的轉型，看見需要而成為必要： 花蓮縣身心健康及成癮防治所

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摘要

強化社會安全網計畫自2018年推展以來，於各縣市成立社區心理衛生中心，花蓮縣有別於其他縣市，將心理衛生業務與物質成癮業務整併為花蓮縣身心健康及成癮防治所，同時聘任精神科專科醫師帶領團隊，整合花蓮縣心理健康相關工作，期許將民眾需求透過完善的服務，逐步讓鄉親有感而能體認須重視自我身心健康。

關鍵詞：社區心理衛生中心、心理衛生、物質成癮、精神科專科