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Gender Awareness in Perinatal Care: From the Perspective of the Convention on the Elimination of All Forms of Discrimination Against Women

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Abstract

Gender equality pertains to a life attitude and belief in respect toward individual differences and should not be treated as a privilege of specific groups. Taiwan ranks sixth globally and first in Asia in upholding the principle of gender equality. However, the development of gender equality in Taiwan has been achieved through incidents including those of Yeh Yung-Chih and Teng Ju-Weng, in which the amendments of relevant regulations were driven by the loss of innocent lives. Article 12 of the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW) focuses on eliminating discrimination against women in the field of health care to ensure their access to various health care services, including their rights to family planning. The World Health Organization also advocates the concept of intrapartum care for a positive childbirth experience in 2018. Under the principle of evidence-based medicine, this study examined the implementation of the aforementioned expectant care concept in the perinatal care of Taiwan. The goal was to determine whether shared decision making (SDM) is adopted by physicians and expectant mothers to ensure the optimal pregnancy outcomes. The study results can serve as a reference for the sustainable development of the health care industry through the elimination of discrimination against specific genders or social classes.

Keywords: gender at a glance in R.O.C.(Taiwan), the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW), the forth trimester, shared decision making (SDM)

周產期醫療照護的性別意識— 從「消除對婦女一切形式歧視公約」檢視

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摘要

性別平等是一種生活態度、一種尊重個別差異的信念價值，而非特定人群的福利。臺灣性別平等表現排名全球第六，居亞洲之冠。回顧臺灣性平發展歷程，從葉永鈺事件到鄧如雯案，一條命換一個法律修正的平等歷程，實在太沉重。《CEDAW公約》第12條聚焦消弭對婦女的保健歧視，確保其取得各種計畫生育等保健服務與權利。本文盤點實證醫學下，臺灣周產期照護落實2018年世界衛生組織提出「正向／積極的待產照護」現況，以及秉持共享決策促進最佳孕家庭備孕的結果，提供醫療產業實踐不因性別或階級在健康照護差別待遇的永續生活願景。

關鍵詞：性別圖像、消除對婦女一切形式歧視公約、第四孕期、共享決策