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Infection Prevention Measures for Service Users in Postpartum Care Homes

Hsueh-Lan Chao^{1*}

¹Division of Infection Control, E-DA Cancer Treatment Hospital, E-DA Healthcare Group

*Corresponding Author: Hsueh-Lan Chao

Email: lan3428519@gmail.com

ORCID:  <http://orcid.org/0009-0002-7604-0466>

Abstract

Postpartum care homes provide services to mothers and infants in the first 2 months after birth. During this time, antibodies from the mother gradually diminish in infants, whose immunity is insufficiently mature, placing them at high risk of contracting diseases and developing serious complications. Therefore, adhering to and implementing strict infection control measures is crucial. For service users of health management in postpartum homes, infectious disease monitoring, isolation precautions, rules for managing family members and visitors, disease control regulations, meal preparation and feeding hygiene, access to cleaning and disinfection equipment, and regular cleaning and disinfection of water supplies are all critical measures for improving service quality and creating a high-quality and safe care environment. Institutional managers and staff must understand basic infection prevention and control strategies and carefully implement them to avoid infections and cluster incidents in postpartum homes. They must also cooperate with health authorities for institution accreditation, infection control inspection, and supervision to strengthen infection control measures and create comprehensive epidemic prevention strategies.

Keywords: postpartum care home, service users, health management, infection control

產後護理之家服務對象感染預防措施

趙雪嵐^{1*}


¹義大醫療財團法人義大癌治療醫院感染管制科

*通訊作者：趙雪嵐

電子信箱：lan3428519@gmail.com

所屬單位：義大醫療財團法人義大癌治療醫院感染管制科

聯絡地址：82445高雄市燕巢區角宿里義大路21號

ORCID:  <http://orcid.org/0009-0002-7604-0466>

摘要

產後護理之家服務對象，包括產後未滿二個月產婦及出生未滿二個月嬰兒。又嬰兒出生後來自母親的抗體逐漸消退，且免疫力尚未達到成熟階段，感染疾病風險高及可能嚴重併發症，因此對於服務對象入住機構內健康管理、包括疾病監測、疑似感染及適當隔離等，防範於未然及有效感染管制措施至為重要，各項感染管制訂定如：陪住家屬及訪客管理，遵守政府規範防疫政策；服務對象之配膳、飲食衛生、哺餵、哺育器材清消，飲用水衛生安全、供水設施等措施並落實執行，維護產婦、嬰兒及工作人員等之健康，建構優質安全環境，提升照護品質。機構管理者及工作人員應瞭解基本的感染預防及管制策略，確實執行應用，避免機構內感染及群聚事件，且配合衛生主管機關評鑑及感染管制查核督導，強化各項感染管制措施，共築完善防疫網。

關鍵詞：產後護理之家、服務對象、健康管理、感染管制