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Beyond Gender Norms: Deepening Understanding of Transgender Individuals in Taiwan

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Abstract

Since the legalization of same-sex marriage in Taiwan in May 2019, Taiwanese citizens have become increasingly aware of the concerns of sexual minorities. One subgroup of sexual minorities that continues to be underappreciated is transgender individuals. This article offers several recommendations for sensitively interacting with transgender individuals, such as not emphasizing their biological sex, refraining from outing individuals against their wishes, and avoiding inappropriate words of praise. In both clinical and daily settings, respecting gender identity and avoiding stereotypes helps establish a friendly and respectful atmosphere.

Keywords: transgender, sexual and gender minorities, LGBTQ, gender equity


跨越性別框架，深化對跨性別者的理解

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摘要

隨著同性婚姻合法化，社會對性少數議題關注增加，但跨性別相關議題仍未受到足夠重視。本文從不強調生理性別、不隨意幫人出櫃、以及適當的稱讚方式等方面，提出對跨性別者的互動需注意的要點。在臨床和日常生活中，尊重性別認同、避免刻板印象，有助於建立更友善、尊重的溝通氛圍。

關鍵詞： 跨性別、性少數、LGBTQ、性別平等